

Child Psychiatry referral

You can seek the assistance of the Child Psychiatry Outpatient Clinic with a doctor's referral.

Referrals for specialised medical care are made when it is suspected that a child has a psychiatric illness and the child's functional capacity has deteriorated significantly. If the child has problems to do with schooling, a cognitive examination must be carried out before the referral is prepared.

When assessing the need for a referral, please fill in the correct [LAPS form](#) for the child's age, the score form which must be included in the referral. The Ministry of Social Affairs and Health has drawn up [uniform grounds for non-urgent care](#).

The referral must include the following:

- the child's personal details
- the details of the guardian(s)
- the address and telephone number of the child and guardian
- the reason for the referral
- preliminary information:
 - a brief description of the key symptoms or problems
 - the duration of the symptoms
 - issues caused by the problems for the child or others
 - the child's family situation
 - the child's functional ability at daycare or school
 - the view of the child's parents on the situation and their willingness to participate in specialised health care examinations
 - previous examinations and treatments the child has undergone
- details of the somatic state of the child
- contact details of the party issuing the referral and whether they may be involved in planning the examination and treatment of the child
- authorities involved in the child's affairs and their contact details.